

*Raising*  
Health 











**NHS**

Leicestershire Partnership  
NHS Trust

# Impact Report

**2023-24**

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# Welcome & thank you



## Faisal Hussain

Chair of Raising Health Charitable Fund Committee

We are delighted to share with you Raising Health's first ever Impact Report. I would like to take the time to thank all of our supporters who have raised funds for our charity, helping us to provide the best care and experience for the patients we look after.

In the last year, donations to Raising Health have enabled a vast portfolio of activities from craft sessions, animal and music therapy, trips, cultural activities to celebrate our diverse community, gym equipment, and so much more.

From fundraising bake sales, sport challenges through to corporate donations, trusts and gifts in wills, we are so grateful to every single individual that has supported Raising Health to ensure the best care for our patients - **your donation is making a truly lasting impact on the care we provide.**

A handwritten signature in brown ink, appearing to read 'Faisal Hussain', written over a light blue background.

# Supporting our Trust

As the charity to the Leicestershire Partnership Trust (LPT), we are instrumental in supporting the delivery of the community and mental health services provided for all ages. Services range from health visiting, to therapy services, to inpatient wards to end of life, in peoples homes and in community settings.. During 23-24, LPT supported over **1 million people** across Leicester, Leicestershire and Rutland. During this time, LPT also had:



**7,800**  
Staff (inc bank)



**238,000**  
Caseloads



**222**  
Active volunteers



**100+**  
Premises



**1.4m**  
Community contacts



**179,000**  
Bed days

# Your support in numbers



 **£563,000**  
Raised to improve the  
experience for patients

 **£386,000**  
Overall expenditure  
funding projects

 **£391,000**  
Received from legacies

 **£139,000**  
Support towards staff

 **£89,000**  
Raised from donations, grants,  
corporate support

 **£162,000**  
Support towards patients &  
Trust projects

 **£83,000**  
Raised from our staff lottery

 **£85,000**  
Cost of running a charity



**10** staff raised funds  
for wards



**17** corporate  
donations



**4** donations from trusts  
& foundations



**16** local shops collecting  
donations



**2** people left gifts  
in their wills



**£663** raised through  
in-memory donations

# Improving patient care

## Engagement at wards

In the last year, Raising Health has continued to find new ways ensuring the **best** experience and care for patients, when they come to LPT.

We receive an **annual grant** of £55,000 from the Carlton Hayes Charity. This allows us to have a significant impact on the patients we look after and provide **better care and support**. This year the funding has enabled us to provide craft sessions, animal and musical therapy, trips out and so much more.



## Conquering the sea

Carlton Hayes also funded an **amazing trip** for adults with mental health illnesses: a week-long **sailing** trip. Four patients and three members of LPT staff made their way from Ipswich to Gosport.

The four service users all had episodes of psychosis and this experience was designed to provide **adventure therapy** by using challenging and unfamiliar environments to create an intense physical demand, new social interactions, and the learning of new skills.

**“I learned that I can face my fears”**

The sailors had to take turns raising and lowering sails, cooking and cleaning. It served as a truly **positive experience** and helped have a profound impact on those with mental health issues.





## Improving spaces

The donations received have helped us to **enhance our spaces**, creating welcoming environments for our patients and staff.

With **support** from the The Vichai Srivaddhanaprabha Foundation, we now have new multi-gym equipment at the Bradgate Mental Health Unit. This space offers cycling machines, treadmills and rowing machines and has been playing a **transformative** role for our inpatients.

**"It's made a very big difference to our patients, motivating more of them to get fit and healthy and supporting patients with their recovery."**



With the support of charitable funds a **memorial bench** was placed at the Hawthorn Centre in memory of a member of staff, Julie Warner. This space allows staff and patients to sit quietly and **reflect** whilst **enjoying** a beautiful fields view.



## Memories Forever

# Going above and beyond



## Christmas Appeal

Raising Health fundraising allows our staff to offer **special treats** for patients celebrating their birthdays at many of our sites with **sweet treats** accommodating dietary needs. We are delighted to support this amazing initiative.

Each year, Raising Health fundraising for the '**Raising a smile appeal**', to provide a gift to every patient spending their Christmas at one of our inpatient wards. This year, **566** presents were given out.

## Birthdays



Our Diana Children's Community Service has stood strong as a pillar of support for children with **life-threatening and life-limiting conditions**. We help support the service by funding:

## Diana Service



### Happy Blankets, Boxes and Love Cushions:

These are cushion covers that are individually created by each child. Each cushion has a little pocket so the children can share notes with family members even if you are away from them with another child. The boxes allow the children to leave a note in their personalised box to say what is worrying them if they are struggling to openly say it out loud.



### Therapeutic Stories:

Each child is given the materials to draw and write their **own story** of how they see what is affecting them. Their story is then laminated and bound for them to keep at the end of discharge and shared parents.





What we do would not be possible without the generosity and contributions from all of the local communities, businesses and corporates, trusts and foundations, and our **amazing** volunteers. You have been nothing short of remarkable. Your **generosity** has had a direct positive impact on the patients we care for.



# Staff health & wellbeing



The Raising Health Staff Lottery funds Staff Wellbeing projects shared with teams across the Trust to support their physical, mental, emotional, professional, social, and financial health and wellbeing. Recent projects include:

- 🐾 **Team Time Out Days:** in 2023, teams were given vouchers to take some time out for their health and wellbeing. £36,125 was spent on these days out and the feedback has been really positive. 98% of the staff said the initiative improved their health and wellbeing.



🌟 **Fitness app:** the charity funded a pilot programme for staff to access the Myles Wellbeing app which aims to promote the improvement of staff physical health. 89% staff reported that the app improved their physical health.

🌟 **Staff engagement events:** The Health & Wellbeing team visit sites across the Trust to raise staff awareness and engagement with the comprehensive health and wellbeing offer. In 2024 over 75+ events (in-person & online) were hosted.



# Our amazing fundraisers



**Pauline Heath** raised an amazing **£508** for the 7 wards at the Bradgate Mental Health Unit by selling second-hand books. Thank you Pauline!






**Stewart Tennant, Jason Pegg and Jon Crossley** cycled 100 miles each in aid of Stewart House Gym, raising over **£2,000** between them. Thank you for supporting us!



Our dedicated Freedom to Speak Up Guardian, **Chris Moyo** ran the Leicester marathon and raised **£127** for the Beacon Appeal.



# Thank you to our supporters

-  Carlton Hayes Charity
  -  NHS Charities Together
  -  Tilbury Douglas
  -  Dunlem PLC
  -  Acorn MPS
  -  Fusion Electrics
  -  Amazon Hinckley
  -  Brown & Shaw
  -  Co-op Community Fund
  -  Anand and Sethi Trust
  -  Tusker Direct
  -  Thomas Cassie & Son
  -  Highcross Building Services
  -  Groundworks
  -  Bloor Homes
  -  GMP Drivercare
  -  Syston Theatre
  -  Bradgate Bakery
  -  LCFC
  -  Novotel
  -  T J Hall
- 



# Looking to the future

## Magdalena Korytkowska Fundraising Manager





It makes me **incredibly proud** to showcase the work Raising Health does, supporting compassionate care and the dedication of our colleagues at Leicestershire Partnership NHS Trust (LPT). All the projects and initiatives made possible through charitable funding play a significant role in delivering our services, going above and beyond. These projects may vary in financial implications, but they all serve the greater good—**better care and support** for patients and more looked-after, happier staff.

We **look forward to the future** and what it holds for local mental health and community services. Our ambition focuses on improving sensory spaces, physical activity of our patients, supporting people with learning disabilities and/or autism, staff mental-fitness and many more. Please consider joining us for this journey through your support.

# How you can help



Please consider supporting us today. Your kindness and generosity enables us to offer local patients the **best services and care**. We would be very grateful for **any contribution** to add to our existing fundraising targets. If you require any further information, please do not hesitate to get in touch.

-  Financial contributions towards general work of the charity or specific appeals
-  Sponsorship opportunities
-  Organising your own fundraising activities
-  Awareness raising and volunteering
-  Gifts in Kind

# Raising Health

[www.raisinghealth.org](http://www.raisinghealth.org)

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Raising Health is a registered charity within England and Wales.  
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